

Family Health History



Biological Family History

Mother's and Father's Health History

- | | | | |
|------------------------------------|---------------------------------|--------------------------------------|---------------------------------|
| Diabetes | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| High Blood Pressure | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Smoker | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Kidney Problems | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Asthma | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Epilepsy, Seizures | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Birth Defects* | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Deafness | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Death under 50 years of age | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Other* | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| DES Use | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Menstrual Problems* | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Heart Attack under 60 years of age | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Stroke | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Stomach/Intestinal | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Intellectual Disability | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Blood Disease | <input type="checkbox"/> Anemia | <input type="checkbox"/> Sickle Cell | <input type="checkbox"/> Other* |
| Allergies | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Bone/Joint Problems | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| High Cholesterol | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Cancer (Type _____) | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Urinary Problems | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |
| Muscle/Nerve Disease | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | |

*Please explain: _____

Family Health History

Is there anyone in the family with a similar disability or chronic illness as your child?
 Yes No

If yes, who/what: _____

Is there anyone in the family with:

- | | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Relationship to child |
|-----------------------------------|------------------------------|-----------------------------|-----------------------|
| Genetic conditions | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Heart problems | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Developmental disabilities | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Seizure disorder | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Cerebral Palsy | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Diabetes | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Blood disorder | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Cancer | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Vision and/or hearing impairment | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Metabolic or nutritional disorder | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Cleft Palate | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| Other _____ | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |

Has anyone in the family had genetic testing or counseling?
 Yes No Don't know If yes, please describe: _____

Are there any other family health information that might be related to your child's special health needs? _____

Birth History



Child's Name _____

Date of Birth ___/___/___ Birthweight _____ Length _____

Birth Order (1st, 2nd, etc.) _____

Obstetrician _____

Address _____ City _____ State _____ Zip _____

Phone _____ Cell _____ Email _____

Hospital where child was born _____

Address _____ City _____ State _____ Zip _____

Phone _____

Name of child's primary doctor _____

Address _____ City _____ State _____ Zip _____

Phone _____

Notes

How many months were you pregnant when you first saw a doctor? _____

How many times did you visit the doctor during your pregnancy? _____

Drugs/medications taken during pregnancy: _____

Any illnesses or problems during the pregnancy?

Yes No If yes, please describe: _____

Was the baby full-term (37 weeks or more)?

Yes No If no, number of weeks of gestation? _____

Length of labor _____

Delivery method: Normal Caesarean Breech Precipitate (sudden)

Child's Apgar scores at 1 minute _____; at 5 minutes _____

Child's condition at birth _____

Child was fed: breast milk formula (brand _____)

Child's age at hospital discharge _____

Child was in the hospital from ___/___/___ to ___/___/___

Eating History



When your child came home from the hospital, what type of food did he/she eat:

breast milk regular formula special formula other _____

Changes in feeding

Breast to bottle child's age _____ why change? _____

Formula change child's age _____ why change and changed to what? _____

Bottle to cup child's age _____ why change? _____

Started solid food child's age _____

Food allergies _____

Textures _____

NPO & Tube Feedings _____

Other changes _____

How long does it take your child to finish a bottle or eat a meal? _____

Are there any problems (vomiting, choking, swallowing, refusing to eat, diarrhea, etc.)? _____

Notes

Milestones



Developmental Milestones

This list can be used as a guide and for any questions you may have for your child's physician.

	Age	Notes/Questions
Smiled	_____	_____
Laughed out loud	_____	_____
Held up head	_____	_____
Rolled over	_____	_____
Sat up	_____	_____
Sat alone	_____	_____
Got first tooth	_____	_____
Started solid food	_____	_____
Drank from glass/cup	_____	_____
Used utensils	_____	_____
Crawled	_____	_____
Spoke first word	_____	_____
Waved "bye"	_____	_____
Walked	_____	_____
Walked alone	_____	_____
Spoke first sentence	_____	_____
Toilet		
Indicated need	_____	_____
Toilet trained – bladder	_____	_____
Toilet trained – bowel	_____	_____
Dressed self	_____	_____
Washed self	_____	_____
Other _____	_____	_____
Other _____	_____	_____

Notes

Dental History



Dentist _____

Address _____ City _____ State _____ Zip _____

Phone _____ Cell _____ Email _____

Dental Specialist _____

Address _____ City _____ State _____ Zip _____

Phone _____ Cell _____ Email _____

All children should have routine dental care; such care may be even more important when your child has a special health care need. Consult with your family dentist or your child's medical specialist to determine if specialized dental services are required.

Before the dental exam, the dentist should have information about your child's medical condition and current care. Discuss any precautions recommended by your child's medical specialist as well as provide a list of current medications your child is taking.

Dentist has been informed of medical condition, medications, allergies (latex or other) and medical specialist's recommendations.

Notes

Date	Appointment Time	What Occurred at Appointment	Follow-up Information (Sedation provided/Antibiotics Given/Needed)

Test Results



Other

Blood X-ray CT MRI Other _____ Date Performed _____

Doctor who ordered test _____

Phone _____

Description _____

Results _____

Location of Test Record _____

Phone _____

Comments _____

Blood X-ray CT MRI Other _____ Date Performed _____

Doctor who ordered test _____

Phone _____

Description _____

Results _____

Location of Test Record _____

Phone _____

Comments _____

Blood X-ray CT MRI Other _____ Date Performed _____

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Phone _____

Description _____

Results _____

Location of Test Record _____

Phone _____

Comments _____
